

## **DOHERTY NUTRITION: REGISTERED DIETITIAN**

**ABOUT THE COMPANY:** Doherty Nutrition is a small and quickly growing private practice that provides nutrition counseling and consulting services in the North Dallas area. We provide nutrition services that range from individual counseling, group classes, public speaking engagements, and consulting projects. We are on a mission is to take the stereotype of “diet” out of dietitian and make working with a dietitian simple, fun, and realistic.

**ABOUT THIS POSITION:** The Registered Dietitian will provide outpatient nutrition counseling services in a private practice setting to individuals and families who are experiencing a variety of health and nutrition concerns. Outpatient counseling services will be conducted both onsite at Doherty Nutrition private offices in Addison, TX as well as via telehealth. Clients will vary in age and issues (i.e., general wellness, sports nutrition, eating disorders, etc.). The Registered Dietitian may specialize in specific field of dietetics.

### **PRIMARY JOB DUTIES:**

- Demonstrate an advanced knowledge of nutrition and counseling practices
- Complete individual personalized nutritional assessments and coordinate on-going nutritional care
- Provide nutritional counseling education for clients and/or their families
- Participate in case management and treatment planning
- Assist in meal planning and preparation for client meetings
- Lead and facilitate group nutrition classes on assigned topics
- Communicate compassionately, effectively, and enthusiastically with clients and/or families
- Develops and maintain nutrition education materials and clinical procedures up to date with current research and practice
- Performs other duties as assigned
- Must be able to demonstrate basic computer skills with a working knowledge of various software programs and electronic medical record charting

### **REQUIRED QUALIFICATIONS:**

- Minimum of a bachelor's degree in dietetics, nutrition, or related field; Master's degree in food and nutrition preferred
- Credentialed as a Registered Dietitian with the Academy of Nutrition and Dietetics
- Licensed with the state of Texas as a Dietitian
- 2 years as a Registered Dietitian with at least 1 year in the outpatient setting
- Understanding of motivational interviewing, Intuitive Eating, and Health at Every Size

### **PREFERRED QUALIFICATIONS:**

- Board Certified Specialist or advanced certification in specialized field
- Master's degree in nutrition