

# READY TO REFER TO DOHERTY NUTRITION?

## INSURANCES WE'RE IN-NETWORK WITH

Aetna, Allied Benefits, Anthem/BCBS, Ambetter (Balanced Care plans), Amerigroup (Medicare), Baylor Scott & White (Employee plans), Cigna, GEHA, Humana, Medicare Part B, Meritain, Molina (Marketplace/Medicare plans), Multiplan/Ucare, Oscar, Sana Benefits, Superior (Medicare), UHC, WebTPA

## REGISTERED DIETITIAN INFO (for HMO plans that require auth)

- **MARGARET DOHERTY** (ages 8+) - **NPI 1912471558** - NOT ACCEPTING NEW CLIENTS
- **DANIELLE MCADOO** (ages 8+) - **NPI 1629430426** - NOT ACCEPTING NEW CLIENTS
- **KRISTA JENSEMA** (age 0+) - **NPI 1740809375** - ACCEPTING NEW CLIENTS
- **ISABELLA FERRARI** (ages 18+) - **NPI 1619516259** - ACCEPTING NEW CLIENTS
- **DIANA FIGUEROA** (ages 6+) - **NPI 1407368939** - ACCEPTING NEW CLIENTS
- **SANDRA REYNOLDS** (ages 14+) - **NPI 1841861648** - ACCEPTING NEW CLIENTS
- **MEREDITH LINK** (ages 1+) - **NPI 1427697846** - ACCEPTING NEW CLIENTS
- **JAMALA CHRISTOPHER** (ages 10+) - **NPI 1235880741** - ACCEPTING NEW CLIENTS
- **SCARLETT STUSSY** (ages 8+) - **NPI 1043838717** - ACCEPTING NEW CLIENTS
- **KARLEI SUMMERFORD** (ages 1+) - **NPI 1114650801** - ACCEPTING NEW CLIENTS
- **ANABELIA AGUILLON** (ages 18+) - **NPI 1043828403** - ACCEPTING NEW CLIENTS
- **KAITLIN WALKER** (ages 14+) - **NPI 1205554821** - ACCEPTING NEW CLIENTS
- **ELAINE COOK** (ages 16+) - **NPI 1376266544** - ACCEPTING NEW CLIENTS
- **KELLY MINARICK** (ages 14+) - **NPI 1073251724** - ACCEPTING NEW CLIENTS

Phone #: 469-372-2022 Fax #: 833-290-5413 [hello@dohertynutrition.com](mailto:hello@dohertynutrition.com)



## RD LOCATIONS

- **Fort Worth:** KELLY MINARICK, SCARLETT STUSSY, KAITLIN WALKER
- **Garland:** ANABELIA AGUILLON, SANDRA REYNOLDS
- **Lakewood:** ANABELIA AGUILLON, ISABELLA FERRARI, KARLEI SUMMERFORD
- **North Dallas:** MARGARET DOHERTY, DANIELLE MCADOO, KRISTA JENSEMA, ISABELLA FERRARI, DIANA FIGUEROA, SANDRA REYNOLDS, MEREDITH LINK, JAMALA CHRISTOPHER, KARLEI SUMMERFORD, ELAINE COOK
- **Southlake:** ELAINE COOK, KAITLIN WALKER

## ADDITIONAL INFO

- **SELF-PAY CLIENTS:** \$175 FOR INITIAL VISIT (60-75 MIN) AND \$70-\$140 FOLLOW-UP VISITS (30 MIN-1 HR)
  - If the client is insured, but they do not have an MNT benefit on plan, we will still attempt to bill the insurance before collecting from them. If the claim denies, we will charge them our contracted rate with their insurance carrier rather than the self-pay rate (usually a lower rate).
  - Clients are responsible for verifying their own 'nutrition counseling' benefit prior to their appt.
- **HMO CLIENTS:** If the client has a BCBS HMO or UHC HMO plan, they require a referral authorization from their insurance plan. Please contact our office to see which RD/location the referral auth should be placed under. When you give the insurance our dietitian's info, please request the max # of benefits allowed. Once the auth is approved by insurance and faxed to us, we will contact the client to schedule.
- **PPO CLIENTS:** Just fax over a referral with reason for visit and demographics - easy peasy!
- **MEDICARE PART B/ADVANTAGE CLIENTS:** If you are referring a Medicare Part B/Medicare Advantage client, please fax a referral with the client's diagnosis of Type 1 DM, Type 2 DM, CKD, or kidney transplant status (within past 3 years). Those are the only diagnoses accepted by Medicare for nutrition counseling coverage.

