

## **INSURANCES WE'RE IN-NETWORK WITH**

Aetna, Allied Benefits, Anthem/BCBS, Ambetter (Balanced Care plans), Amerigroup (Medicare), Baylor Scott & White (Employee plans only), Cigna (NOT exchange), GEHA, Gravie, Humana, Medicare Part B, Meritain, Molina (Marketplace/Medicare plans), Multiplan/Ucare, Oscar, Sana Benefits,

Superior (Medicare), UHC, UMR, WebTPA

## **REGISTERED DIETITIAN INFO (for HMO plans that require auth)**

MARGARET DOHERTY (ENG) - NPI 1912471558 - NOT ACCEPTING NEW CLIENTS

DANIELLE MCADOO (ENG) - NPI 1629430426 - NOT ACCEPTING NEW CLIENTS

ISABELLA FERRARI (ENG/SPA) - NPI 1619516259 - ACCEPTING NEW ONCOLOGY CLIENTS ONLY

DIANA FIGUEROA (ENG/SPA) - NPI 1407368939 - NOT ACCEPTING NEW CLIENTS

SANDRA REYNOLDS (ENG) - NPI 1841861648 - ACCEPTING NEW CLIENTS

MEREDITH LINK (ENG) - NPI 1427697846 - ACCEPTING NEW CLIENTS

JAMALA CHRISTOPHER (ENG) - NPI 1235880741 - ACCEPTING NEW CLIENTS

SCARLETT STUSSY (ENG) - NPI 1043838717 - ACCEPTING NEW CLIENTS

KARLEI SUMMERFORD (ENG) - NPI 1114650801 - ACCEPTING NEW CLIENTS

KAITLIN WALKER (ENG) - NPI 1205554821 - ACCEPTING NEW CLIENTS

KELLY MINARICK (ENG) - NPI 1073251724 - ACCEPTING NEW TELEHEALTH CLIENTS ONLY

KACILYN FOSTER (ENG) - NPI 1548970379 - ACCEPTING NEW CLIENTS

MARIANA ROSS (ENG/SPA) - NPI 1467992263 - ACCEPTING NEW CLIENTS

BRITTANY THIEL (ENG) - NPI 1588296941 - ACCEPTING NEW CLIENTS

CASSIDY STORTS (ENG) - NPI 1548959919- ACCEPTING NEW CLIENTS

RACHEL ARNOLD (ENG) - NPI 1174203905 - ACCEPTING NEW CLIENTS

ARATI PATEL (ENG) - NPI 1801579123 - ACCEPTING NEW CLIENTS

PAULINA RODRIGUEZ (ENG/SPA) - NPI 1669188306 - ACCEPTING NEW CLIENTS

## **RD LOCATIONS**

Fort Worth: SCARLETT STUSSY, KAITLIN WALKER, MARIANA ROSS, CASSIDY STORTS, JAMIE SCHWARTZ

Garland: KACILYN FOSTER, JAMIE SCHWARTZ

Lakewood: ISABELLA FERRARI, KARLEI SUMMERFORD

North Dallas: MARGARET DOHERTY, ISABELLA FERRARI, DIANA FIGUEROA, SANDRA REYNOLDS, MEREDITH LINK, JAMALA CHRISTOPHER, KARLEI SUMMERFORD, MARIANA ROSS, KACILYN FOSTER, RACHEL ARNOLD, ARATI PATEL, JAMIE SCHWARTZ

Southlake: MARIANA ROSS, CASSIDY STORTS

Austin: BRITTANY THIEL, PAULINA RODRIGUEZ

Illinois: KELLY MINARICK

Telehealth: ALL

## **ADDITIONAL INFO**

- SELF-PAY CLIENTS: \$175-\$210 FOR INITIAL VISIT (60-90 MIN) AND \$70-\$140 FOLLOW-UP VISITS (30 MIN-1 HR)
  - o If the client is insured, but they do not have an MNT benefit on plan, we will still attempt to bill the insurance before collecting from them. If the claim denies, we will charge them our contracted rate with their insurance carrier rather than the self-pay rate (usually a lower rate).
  - O Clients are responsible for verifying their own 'nutrition counseling' benefit prior to their appt.
- AETNA/MERITAIN CLIENTS: These clients are limited to 1hr of nutritional counseling per day.
- HMO CLIENTS: If the client has a BCBS HMO or UHC HMO plan, they require a referral authorization from their insurance plan. Please contact our office to see which RD/location the referral auth should be placed under. When you give the insurance our dietitian's info, please request the max # of benefits allowed. Once the auth is approved by insurance and faxed to us, we will contact the client to schedule.
- **PPO CLIENTS**: Just fax over a referral with reason for visit and demographics and we will call the client to schedule within 48 hours easy peasy!
- MEDICARE PART B/ADVANTAGE CLIENTS: If you are referring a Medicare Part B/Medicare Advantage client, please fax a
  referral with the client's diagnosis of Type 1 DM, Type 2 DM, CKD, or kidney transplant status (within past 3 years). Those
  are the only diagnoses accepted by Medicare for nutrition counseling coverage.

Phone #: 469-372-2022 Fax #: 833-290-5413

