

# READY TO REFER TO DOHERTY NUTRITION?

## INSURANCES WE'RE IN-NETWORK WITH

Aetna, Allied Benefits, Anthem/BCBS, Ambetter (Balanced Care plans), Amerigroup (Medicare), Baylor Scott & White (Employee plans only), Cigna (NOT exchange), GEHA, Gravie, Humana, Medicare Part B, Meritain, Molina (Marketplace/Medicare plans), Multiplan/Ucare, Oscar, Sana Benefits, Superior (Medicare), UnitedHealthcare, UMR, WebTPA

## REGISTERED DIETITIAN INFO (for HMO plans that require auth)

**DANIELLE MCADOO (ENG) - NPI 1629430426**

**ISABELLA FERRARI (ENG/SPA) - NPI 1619516259**

**DIANA FIGUEROA (ENG/SPA) - NPI 1407368939**

**SANDRA REYNOLDS (ENG) - NPI 1841861648**

**JAMALA CHRISTOPHER (ENG) - NPI 1235880741**

**SCARLETT STUSSY (ENG) - NPI 1043838717**

**KARLEI SUMMERFORD (ENG) - NPI 1114650801**

**KAITLIN WALKER (ENG) - NPI 1205554821**

**KELLY MINARICK (ENG) - NPI 1073251724**

**KACILYN FOSTER (ENG) - NPI 1548970379**

**BRITTANY THIEL (ENG) - NPI 1588296941**

**CASSIDY STORTS (ENG) - NPI 1548959919**

**RACHEL ARNOLD (ENG) - NPI 1174203905**

**ARATI PATEL (ENG) - NPI 1801579123**

**DAYSY BUSTAMANTE (ENG/SPA) - NPI 1437936200**

**ANNE-MARIE ALFORD (ENG) - NPI 1386413789**

**REMY BIDMEAD (ENG) - NPI 1013643196**

**ANGELA LENDZIOSZEK (ENG) - NPI 1598528804**

**NATALIE LARSEN (ENG)-NPI 1790548899**

**BELLA FLEPS (ENG)-NPI 11962242313**

**ALEJANDRA AMEZOLA VELAZQUEZ (ENG/SPA)-NPI 1316782501**

## RD LOCATIONS

**Fort Worth:** SCARLETT STUSSY, KAITLIN WALKER, CASSIDY STORTS, DAYSY BUSTAMANTE, ANGELA LENDZIOSZEK, KRISTEN RAMOS

**North Dallas:** ISABELLA FERRARI, DIANA FIGUEROA, SANDRA REYNOLDS, JAMALA CHRISTOPHER, KARLEI SUMMERFORD, KACILYN FOSTER, RACHEL ARNOLD, ARATI PATEL, REMY BIDMEAD

**Southlake:** CASSIDY STORTS, ANNE-MARIE ALFORD, KRISTEN RAMOS

**Austin:** BRITTANY THIEL, ALEJANDRA AMEZOLA VELAZQUEZ

**Illinois:** KELLY MINARICK, NATALIE LARSEN, BELLA FLEPS, DAYSY BUSTAMANTE

**Telehealth:** ALL

## ADDITIONAL INFO

- **SELF-PAY CLIENTS:** \$175-\$210 FOR INITIAL VISIT (60-90 MIN) AND \$70-\$140 FOLLOW-UP VISITS (30 MIN-1 HR)
  - If the client is insured, but they do not have an MNT benefit on plan, we will still attempt to bill the insurance before collecting from them. If the claim denies, we will charge them our contracted rate with their insurance carrier rather than the self-pay rate (usually a lower rate).
  - Clients are responsible for verifying their own 'nutrition counseling' benefit prior to their appt.
- **AETNA/MERITAIN CLIENTS:** These clients are limited to 1hr of nutritional counseling per day by their insurance carrier.
- **HMO CLIENTS:** If the client has a BCBS HMO or UHC HMO plan, they require a referral authorization from their insurance plan. Please contact our office to see which RD/location the referral auth should be placed under. When you give the insurance our dietitian's info, please request the max # of benefits allowed. Once the auth is approved by insurance and faxed to us, we will contact the client to schedule.
- **PPO CLIENTS:** Just fax over a referral with reason for visit and demographics and we will call the client to schedule within 48 hours - easy peasy!
- **MEDICARE PART B/MEDICARE ADVANTAGE CLIENTS:** If you are referring a Medicare Part B/Medicare Advantage client, please fax a referral with the client's diagnosis of Type 1 DM, Type 2 DM, CKD, or kidney transplant status (within past 3 years). MEDICARE has limited coverage for nutrition counseling to these diagnoses.

**Phone #: 469-372-2022 Fax #: 833-290-5413**

