

Ready to Refer to



DOHERTY
NUTRITION



Insurance we're in-network with

Aetna
Anthem/BCBS
Cigna
Health Alliance
UHC

Dietitians NPI

KELLY MINARICK **1073251724** -Telehealth only

DAYSY BUSTAMANTE **1437936200** -Spanish/
Telehealth only

Accepting clients in-person and Telehealth:

NATALIE LARSEN **1790548899**

BELLA FLEPS **11962242313**

ALISHA MACAS **1215749569**

Additional Information

- **Self-Pay Clients:**

- Initial visit (60-90 min): \$175-\$210
- Follow-up (30 min-1 hr): \$70-\$140
 - If the client has insurance but no MNT benefit, we will bill insurance first. If the claim is denied, we charge the contracted insurance rate, which is typically lower than the self-pay rate.
 - Clients are responsible for verifying their nutrition counseling benefit before the appointment.

Aetna/Meritain Clients: Limited to 1 hour of nutritional counseling per day.

- **HMO Clients:** For BCBS or UHC HMO plans, a referral authorization is required. Contact our office for dietitian details and the maximum benefits allowed. Once approved, we'll reach out to schedule.
- **PPO Clients:** Just send over a referral with visit details, and we'll schedule within 48 hours.
- **Medicare Part B/Advantage Clients:** For Medicare clients with Type 1/Type 2 diabetes, CKD, or kidney transplant (within the last 3 years), please send a referral with the diagnosis. Medicare limits coverage for nutrition counseling to these conditions.

Phone: 847-318-3013 Fax: 833-290-5413