

# Ready to Refer to



DOHERTY  
NUTRITION



## Insurance we're in-network with

Aetna  
Anthem/BCBS  
Cigna  
Health Alliance  
UHC

## Dietitians NPI

### Accepting clients via Telehealth only:

- KELLY MINARICK 1073251724
- DAYSY BUSTAMANTE 1437936200 - Spanish-speaking

### Accepting clients in-person and via Telehealth:

- NATALIE LARSEN 1790548899
- ISABELLA FLEPS 11962242313
- ALISHA MACAS 1215749569

## Additional Information

### • Self-Pay Clients:

- Initial visit (60-90 min): \$175-\$210
- Follow-up (30 min-1 hr): \$80-\$160
  - If the client has insurance but no MNT benefit, we will bill insurance first. If the claim is denied, we charge the contracted insurance rate, which is typically lower than the self-pay rate.
  - Clients are responsible for verifying their nutrition counseling benefit before the appointment.

**Aetna/Meritain Clients:** Limited to 1 hour of nutritional counseling per day.

- **HMO Clients:** For BCBS or UHC HMO plans, a referral authorization is required. Contact our office for dietitian details and the maximum benefits allowed. Once approved, we'll reach out to schedule.
- **PPO Clients:** Just send over a referral with visit details, and we'll schedule within 48 hours.
- **Medicare Part B/Advantage Clients:** For Medicare clients with Type 1/Type 2 diabetes, CKD, or kidney transplant (within the last 3 years), please send a referral with the diagnosis. Medicare limits coverage for nutrition counseling to these conditions.



SCAN ME

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