

# Ready to Refer to



DOHERTY  
NUTRITION



## Insurance we're in-network with

Aetna  
Anthem/BCBS PPO  
Cigna  
Health Alliance  
UHC  
Medicare Part B

## Dietitians NPI

### Accepting clients via Telehealth only:

- KELLY MINARICK 1073251724

### Accepting clients in-person and via Telehealth:

- NATALIE LARSEN 1790548899
- ISABELLA FLEPS 11962242313
- ALISHA MACAS 1215749569

the only in-person RD at  
the Northfield office

## Additional Information

### • Self-Pay Clients:

- Initial visit (60-75 min): \$190
- Follow-up: \$160 for 60 minutes or \$40 per 15-minute prorated amount
  - If the client has insurance but no MNT benefit, we will bill insurance first. If the claim is denied, we charge the contracted insurance rate, which is typically lower than the self-pay rate.
  - Clients are responsible for verifying their nutrition counseling benefit before the appointment.

**Aetna/Meritain Clients:** Limited to 1 hour of nutritional counseling per day.

- **PPO Clients:** Just send over a referral with visit details, and we'll schedule within 48 hours.
- **Medicare Part B/Advantage Clients:** For Medicare clients with Type 1/Type 2 diabetes, CKD, or kidney transplant (within the last 3 years), please send a referral with the diagnosis. Medicare limits coverage for nutrition counseling to these conditions.



SCAN ME

EMAIL: [HELLO@DOHERTYNUTRITION.COM](mailto:HELLO@DOHERTYNUTRITION.COM)

Phone: 847-318-3013 | Fax: 833-290-5413

Follow Us on  
Social Media

