

Ready to Refer to DOHERTY NUTRITION ?



DOHERTY
NUTRITION



Scan Me!

Insurance we're in-network with

Aetna
Allied Benefits
Anthem
Ambetter (Bronze/Silver/Gold)
Amerigroup (Medicare)
Baylor Scott & White
BlueCross BlueShield
Cigna (PPO/POS)
Curative
GEHA
Gravie
Humana
Medicare Part B
Meritain
Molina (Marketplace/Medicare)
Multiplan/Ucare
Oscar
Sana Benefits
UnitedHealthcare
UMR
WebTPA
UHC

ACCEPTING
NEW
CLIENTS

Dietitian NPIs

SCARLETT CHAIDEZ **1043838717**
KARLEI SUMMERFORD **1114650801**
KAITLIN WALKER **1205554821**
KELLY MINARICK **1073251724**
KACILYN HELTON **1548970379**
BRITTANY THIEL **1588296941**
CASSIDY STORTS **1548959919**
RACHEL ARNOLD **1174203905**
ANNE-MARIE ALFORD **1386413789**
REMY LUPER **1013643196**
NATALIE LARSEN **1790548899**
ISABELLA FLEPS **11962242313**
ALISHA MACAS **1215749569**
TAYLOR BURNS **1699586396**
ALYSSA MOORE **1609686047**
BRYAN JOHNSON **1306641220**
ABBY COLEMAN **1972491231**
KAT DESHEVA **1780559112**
AUDREY MCKINNEY **1710852074**
ANISAH AHMED **1467329607**
SUMMER SPAIDE **1811770852**
ABBY COLEMAN **1972491231**
ENGLISH/SPANISH SPEAKING
KRISTEN RAMOS **1659190130**
LESLIE RAMIREZ **1023992864**
REBECA HERNANDEZ GONZALEZ **1972486736**
NICOLE ORTIZ **1215809603**



Additional Information

- **Self-Pay Clients:**

- Initial visit (60-75 min): \$190
- Follow-up: \$160 for 60 minutes or \$40 per 15-minute prorated amount
 - If the client has insurance but no MNT benefit, we will bill insurance first. If the claim is denied, we charge the contracted insurance rate, which is typically lower than the self-pay rate.
 - Clients are responsible for verifying their nutrition counseling benefit before the appointment.

Aetna/Meritain Clients: Limited to 1 hour of nutritional counseling per day.

- **HMO Clients:** For BCBS, UHC or Oscar HMO plans, a referral authorization is required. Contact our office for dietitian details and the maximum benefits allowed. Once approved, we'll reach out to schedule.
- **PPO Clients:** Just send over a referral with visit details, and we'll contact the client within 48 business hours to schedule.
- **Medicare Part B/Advantage Clients:** For Medicare clients with Type 1/Type 2 diabetes, CKD, or kidney transplant (within the last 3 years), please send a referral with the diagnosis. Medicare limits coverage for nutrition counseling to these conditions.

NORTH DALLAS & SOUTHLAKE #: **469-372-2022**

FORT WORTH #: **817-438-8044**

AUSTIN #: **737-212-9290**

FAX: **833-290-5413**

EMAIL: **HELLO@DOHERTYNUTRITION.COM**



Follow Us on
Social Media



Get Connected for Our Latest News & Updates

