

Ready to Refer to



DOHERTY
NUTRITION



Insurance we're in-network with

Aetna
Anthem/BCBS PPO
Cigna
Health Alliance
UHC
Medicare Part B

Dietitians NPI

N-PERSON & TELEHEALTH:

ALISHA MACAS 1215749569

TELEHEALTH ONLY:

DAYSY BUSTAMANTE 1437936200

Spanish Speaking

Additional Information

- **Self-Pay Clients:**

- Initial visit (60-75 min): \$190
- Follow-up: \$160 for 60 minutes or \$40 per 15-minute prorated amount
 - If the client has insurance but no MNT benefit, we will bill insurance first. If the claim is denied, we charge the contracted insurance rate, which is typically lower than the self-pay rate.
 - Clients are responsible for verifying their nutrition counseling benefit before the appointment.

Aetna/Meritain Clients: Limited to 1 hour of nutritional counseling per day.

- **PPO Clients:** Just send over a referral with visit details, and we'll schedule within 48 hours.
- **Medicare Part B/Advantage Clients:** For Medicare clients with Type 1/Type 2 diabetes, CKD, or kidney transplant (within the last 3 years), please send a referral with the diagnosis. Medicare limits coverage for nutrition counseling to these conditions.



SCAN ME

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